

LIQUID ENERGY

COFFEE

	S	M	L
Espresso	4.7		
Long Black	4.7	4.7	4.7
Macchiato	4.7	4.7	
Flat White	5.2	5.7	6.2
Cappuccino	5.2	5.7	6.2
Piccolo	5.2		
Latte		5.7	6.2
Mocha		6.2	6.7
Organic Hot Chocolate		5.7	6.2
Hakanoa Chai		5.7	6.2
Hakanoa Ginger Latte		5.7	6.2
Hakanoa Lemon Toddy		5.7	6.2
Matcha		6.2	6.7
Affogato			12

Vanilla ice cream, espresso, chocolate sauce
Coffee served as a double shot
Alternate milks; oat, soy & coconut

TEAS

Harney & Sons' Teas	5.2
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Earl Grey, English Breakfast, Raspberry, Chamomile, Peppermint, Citron Green, Ginger & Lemon

CARBONATED

Sparkling Water (500ml)	9.5
Karma Cola	7
Gingerella	7
Karma Cola Light	7
Coke or Coke Zero	7
Kombucha (Seasonal Flavour)	8
Lemon Lime Bitters	11
Spider	13

Vanilla ice cream, lemon lime fizz, raspberry, whipped cream

ICED DRINKS & SMOOTHIES

(Add a shot of NuZest protein **4.5**)

Lean Green Smoothie	13
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Spirulina, apple, spinach, cucumber, celery, coconut water, cashews

Caramel Nut Protein Smoothie	14
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NuZest vanilla protein powder, dates, cashews, organic soy milk

Berry & Banana Smoothie	13
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Raspberries, strawberries, blackberries, banana, coconut water, honey

Island Breeze Smoothie	12
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Mango cheeks, pineapple, pineapple juice

Iced Chocolate	8.5
Iced Coffee	8.5
Iced Mocha	9
Iced Latte (unblended)	8.5
Iced Americano (unblended)	7
Iced Matcha (unblended)	9

COLD PRESSED JUICE

House Lemonade	9
Orange Juice/Apple Juice	9
House Raspberry Iced Tea	10
House Spirulina	10

GOURMET SHAKES

Slam Dunk	14
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Nutella, chocolate, roasted hazelnuts, vanilla ice cream, Nutella mousse, hazelnut tuille

The Pina Colada	14
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Vanilla ice cream, pineapple puree, whipped cream, toasted coconut

ALL DAY MENU

(Available until 3pm)

Toasted Granola	23
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Honey toasted oats, banana, mixed nuts & seeds, plum coconut cream, seasonal fruit

Belgian Waffles	27
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Crispy battered banana, nutella mousse, berry coulis, chocolate crumb

Add:
Manuka smoked bacon (1) 4

Salmon Mash	27
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Soft mashed potato with dill & lemon, topped with smoked salmon, poached egg & house hollandaise

Add:
Baby spinach 5

Brekkie Burger	26
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Crispy bacon, fried egg, chipotle mayo, bacon jam, Japanese milk bun, house hash cake

Avocado Toast	25
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Crushed avocado, poached egg, marinated feta, greens, toasted seeds, beetroot hummus, sourdough

Farmers Feast	26
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Three egg omelette, confit mushroom, chimichurri, marinated feta, caramelised onion, house kasundi

Add:
Sourdough (1) 3

Mighty Mushrooms	28
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Creamy mushrooms, fried egg, focaccia, sun-dried tomato pesto, parmesan snow, petite salad

Add:
Chorizo 7.5

Eggs Benedict	27
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Poached eggs, house hash cake, house hollandaise
Choose from:

Manuka smoked bacon	27
Smoked salmon & baby spinach	29
Grilled tomato & baby spinach	27

MELBA Breakfast	30
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Manuka smoked bacon, bratwurst, sourdough, grilled mushroom, house hash brown, poached or fried egg, MELBA sauce

Scrambled eggs +1

Add: Vine tomato	5
Avocado	4.5

Hearty Mince	26
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Beef mince, focaccia, chorizo crumb, fried free range egg, crème fraiche, sauteed spinach

Eggs On Toast	14
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Poached or fried eggs on five grain
Scrambled eggs +1

SIDES:

Manuka smoked bacon (2)	8
Vine tomato	5
Baby spinach	5
Avocado	4.5
Bratwurst (1)	7
Creamy mushrooms	9
House hashbrown (1)	5
Mixed leaf & parmesan salad	11
Smoked salmon	11
Grilled free range chicken	10
Grilled halloumi	8
Chorizo	7.5
Bread with no added Gluten (1)	3.5
Baked beans	5
House aioli/hollandaise etc	3
Chips, parmesan & aioli	13

Fried Chicken Waffle	30
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Parmesan waffle, buttermilk fried free range chicken, red pepper & maple aioli, crunchy slaw, caramelised onion & chips

Honey Garlic Chicken Salad	28
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Avocado, tomato, apple, cashew, mesclun, aioli, balsamic dressing

Angus Beef Burger	29
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Cheddar, dijonnaise, habanero BBQ sauce, salad, caramelised onion, pickle, tomato, Japanese milk bun, chips

King Of The Sea	37
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Crispy skin salmon, chive crème fraiche, kale, seasonal vegetables, pickled fennel, charred lemon, crispy caper, olive crumbs

Pacific Squid	29
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Lemon pepper, tomato & herb marinara, smoked feta, spicy chorizo, pomegranate molasses, salad

Energizer Salad	28
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Crispy kale, grilled halloumi, quinoa, candied walnuts, cranberries, beetroot hummus, honey lime dressing

Add:
Grilled chicken 10

Fish Tacos	29
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Crumbed market fish, organic flour tortilla, mango & sweetcorn salsa, chipotle & lime aioli, avocado, slaw

Homestyle Pork Belly	35
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Twice cooked pork belly, potato & kumara mash, pickled cabbage, au jus, crispy corn chips

Chicken Schnitzel Sandwich	29
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Panko crumbed free range chicken breast, brie, house apricot chutney, aioli, tomato & greens, toasted focaccia, chips

STONE OVEN PIZZAS

The Works	29
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Chorizo, bacon, bratwurst, mozzarella, mushroom, MELBA sauce & aioli

Tandoori Spice	29
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Free range chicken, mozzarella, spicy tandoori onions, tomato, coriander, raita, mango chutney

Margherita	25
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Tomato, basil pesto & mozzarella

Garden Delight	27
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Mozzarella, jalapeno, olives, pineapple, mushroom, corn, onions, parmesan, aioli, chipotle

Not all ingredients are listed so please speak to your friendly waiter if you have any allergies or intolerances.

EAT DRINK ENJOY

Est. 1995

A 10% surcharge applies on public holidays.